

Lockdown measures are easing and other options for food delivery are increasingly becoming available. You can continue to get food and household supplies from supermarkets and these are making more delivery slots available for you if you need to continue to self-isolate.

If you have the means to pay for food and are struggling to get a supermarket delivery slot we can help you obtain one. Please contact us by emailing us on help@ashford.gov.uk or by calling on **01233 331111**.

We can access paid-for supermarket priority delivery slots for both Tesco's and Iceland.

Please also visit our website, which has a map of businesses within the borough of Ashford who are offering food delivery services and can be found at <https://www.ashford.gov.uk/food-delivery-business-search>

Telephone Opening Times: Monday to Friday: 9am to 5pm
www.ashford.gov.uk/coronavirus



ASHFORD
BOROUGH COUNCIL

We understand how difficult it can be to feel isolated. If you feel lonely or would like someone to chat to, there are a range of organisations offering support across the Ashford borough, such as befriending services, dog walking, or just someone to ask when you need some help.

A list of these can be found via our website Community Directory at www.ashford.gov.uk/list-of-voluntary-and-community-groups or you can email community@ashford.gov.uk and our team will get back to you with some relevant contacts.

Alternatively, you can contact Ashford Volunteer Centre, via their email contact@ashfordvc.org.uk, or by phoning **01233 665535**.

If you feel you need some specialist support please talk to your GP, or visit www.ashford.gov.uk/specialist-advice for an organisation who may be able to help.



ASHFORD
BOROUGH COUNCIL

Volunteer Centre
Ashford